

# Newborn Essentials Checklist

## Tips & Guidelines

You might have some idea of what you'll need for your newborn. But have you bought every item on the list?

Check through to see whether you've got all of the newborn essentials covered.

Print it out and take it with you on your next baby shopping trip.



## Sleeping:

- Crib, co-sleeper or bednet
- Fitted sheets for mattress
- Waterproof mattress pad
- Mobile or crib toy



## For Transport:

- Infant carseat
- Stroller
- Baby carrier (Wrap, sling, etc.)



## Bathing:

- Infant bathtub
- Washcloths
- Baby soap or body wash
- Baby shampoo
- Hooded towels



## Eating:

- Breast pump
- Storage bags for breast milk
- Microwave sterilizer for pump parts and bottles
- Bottle brush
- Nursing pads
- Nursing wrap or cover
- Burp cloths
- Bottles
- Bottle warmer
- Formula
- Boppy or other nursing pillow
- Glider/rocking chair
- High chair
- Bibs
- Bowls
- Spoons
- Sippy cups



## Clothing:

- Dresses
- Warm clothing for rainy season
- Onesies
- Receiving blankets or swaddles
- Zip-up pajamas
- Gowns
- Side-snap t-shirts
- Pants
- Hats
- Mittens
- Socks



## Diapers:

- Diapers—newborn size
- Diapers—size 1
- Diapers—size 2
- Wipes
- Diaper bag
- Diaper cream
- Diaper pail & liners
- Changing surface
- Changing mat



## Playing & Soothing:

- Pacifiers
- Bouncy seat
- Pack n' play
- Pack n' play sheets
- Swing
- Activity Mat
- Exersaucer
- Rattle or teether
- Books



## Health & Hygiene:

- Nail clippers
- Bulb syringe
- Infant paracetamol
- Digital thermometer